



<b>Skills Check List</b>	<b>Complete</b>
<b>PATIENT EXAMINATION</b>	
Oculomotor Screening (smooth pursuit, saccades) / VOMS Testing	
Neuromotor sensory screening (motor function, UE MSR/DTR, UMN reflex, UE sensation)	
Cranial nerve examination I-XII	
TMJ Compression/Loading, Distraction	
Masticatory muscle palpation (temporalis, masseter, pterygoids)	
Upper cervical ligament testing (Alar test, Transverse test, Sharp-Purser Test)	
Canadian Cervical Spine Rules	
Vestibular canal testing for BPPV- Dix-Hallpike, Roll Test, Semont, Gufony's	
Upper Limb Tension Testing	
Cervical Myelopathy CPR	
Carpal Tunnel Syndrome CPR	
Common symptoms and assessment of upper limb nerve entrapment	
Elbow Special Tests: varus/valgus stress testing, radial head stability testing	
Scaphoid Stress Testing	
TFCC Functional Assessment	
Finkelstein's Test	
Special Testing of the Shoulder: RTC, Impingement, Instability, Labral Pathology	
Visceral Testing Palpation (Murphy's, McBurney's, kidney, spleen, liver, aorta)	
Thoracic and rib mobility assessment (including 1 <sup>st</sup> rib)	
Roo's, Hyperabduction, Wright's Test	
Red / Yellow Flag Screening of the Lumbar Spine	
Laslett's Test Item Cluster for SIJ Dysfunction – compression, distraction, Gaenslen's, thigh thrust	
Prone Instability Test	
Hip Osteoarthritis CPR	
Hip FADIR, FABER, stabilized FABER, Scour Tests	
Neurodynamic Hip Assessment – tibial, fibular, sural nerve differentiation, sciatic, femoral, obturator nn.	
Repeated Movement Assessment of L/S	
Patellar mobility assessment	
ACL Special Tests – Anterior Drawer, Lachmann's, Pivot Shift, Lever (Lelli's) Sign	
Meniscal Special Tests (McMurray's, Apley's, Thessaly's) and CPR	
Thomas, Ober's Tests	
Talar tilt and ligamentous testing of the ankle (including grading of ankle sprains)	
Ottawa Ankle Rules	
Thompson Test	
Lower Extremity Discharge Testing – YBT, Hop Testing, Drop Test, etc.	



<b>PATIENT INTERVENTIONS</b>	
Scapulo-thoracic mobilization and manipulation in side-lying	
Upper limb tension mobilization with and without lateral cervical glides	
Reloading the system to utilize lower trapezius	
Scapular packing and progressions	
Upper Cervical Reloading	
Prone or Seated CT Junction Manipulation	
Cervical progressive resistive exercises for deep neck flexors	
Epley's Maneuver	
VOR retraining, Brock String	
Patient education following concussion or MVA	
Manual therapy for jaw opening, lateral deviation	
PT interventions for TMJ disc displacement	
Mobilization of glenohumeral joint	
Scapular manual mobilization	
AC, SC Joint Mobilization	
McConnell and KT taping of the shoulder	
Post-op interventions for RTC, labral, and bicep repair	
MWM for Lateral Epicondylalgia (and CPR)	
Elbow flexion/extension mobilizations	
Forearm supination/pronation mobilizations	
Discharge testing for overhead athletes and throwing progression	
Supine Flexion Opening Thrust Manipulation (pistol)	
Prone PA Thrust Manipulation	
1 <sup>st</sup> Rib Manipulation (supine) and Seated/Supine 1 <sup>st</sup> Rib Mobilizations	
L/S Sidelying Neutral Gapping Mobilization/Manipulation	
General Supine Lumbar-SIJ Manipulation	
Hip distraction (long/shirt) and mobilization (prone PA, supine 90/90)	
Pt. education regarding red flags post-operatively (DVT signs/symptoms, infection, etc.)	
Post-operative wound dressing and drain removal (shoulder/knee)	
Scar management	
Proximal tibial (for flexion and extension) and fibular head joint mobilization	
Patella glides	
Knee flexion (sitting, supine) and extension (supine, prone with belt) mobilization	
Patellar and tibial IR/ER taping	
Patient education regarding non-traumatic meniscal tear	
Distal tibia, fibula joint mobilization in half kneeling and associated taping techniques	
Plantar fascia taping (and use assessing need for OTC orthotic)	
Ankle dorsiflexion mobilization and manipulation (half kneeling MWM and supine, prone techniques)	
Ankle plantarflexion mobilization/manipulation	
Cuboid and Subtalar Whip	
Metatarsal mobilization and techniques for improving great toe extension	
Shoe and orthotic assessment, education	