



## PURPOSE

Develop, refine, and discuss clinical reasoning and patient communication so that we can collaborate and grow as clinicians together.



## WHAT

- A weekly pro bono, collaborative treatment session with a patient of your clinic's choosing

## WHO

Every RPI clinician will attend with the goal of attending weekly treatment sessions.



- Think Tank Round 1: Treatment is lead by "the mentor" or the most experienced clinician
- Subsequent Think Tanks: Treatment is lead by "mentee" or the least experienced clinician

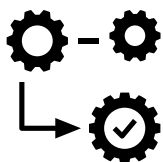
## WHEN



- Weekly visits scheduled/blocked
- 60-min session for all clinicians attending and additional 20-min block for mentor/mentee to spend time debriefing after the session

## HOW

There are many ways to run the session- how is up to you. Three things you MUST do:



1. Identify what a "meaningful change" is for the patient and test/re-test
2. Provide a reason WHY for everything you choose to do and be able to explain it to colleagues and the patient
3. Do a 30-second open and close each session
  - After 30-sec close, ask, "what would you go home and tell \_\_\_\_\_ (spouse, parent, significant other, friend) that we worked on today?"

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## FIND A PATIENT

Choose a patient that values physical therapy (including those who can't afford it) and that has a complex or interesting presentation

- Consider patients who you can communicate openly in front of without causing nocebo effect

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## TREAT

Collaborate on patient's care and discuss why throughout the process.

- No charge for the session, but must document in WebPT

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## MENTOR

Review Questions After Session:

1. What went well? Why?
2. What didn't go well? Why?
3. What did the patient want and expect from treatment? Did you provide that?

(Consider: communication, manual, exercise progression, test/retest, clinical rationale)